

## ABC Financial and Debt Management Programme

***Do you live in the ABC area? Would you like to know a bit more about how to manage your money during these difficult times?***

### **Invite:**

Join one or all of the free, independent information sessions being delivered in your area by a professional adviser. These sessions are part of the ABC council funded project to support those in the ABC area to manage money and debt in the cost of living crisis. The sessions are available to anyone **living in the ABC council area**.

### **Sessions:**

We are offering sessions in the following topics:

**1: Budgeting and Spending** –covering budgeting and making the most of your money.

**2: Borrowing, Credit Scores and Savings** - covering borrowing, accessing credit and better credit options.

**3: Dealing with Debt and Mental Well-Being** - covering getting debt advice, money worries and mental well-being.

**Note:** Further information about session content will be provided at booking.

### **Resources & Supports:**

You will receive a free information resource, which will include useful contacts, links and templates including a Budget Planner and Spending Diary. You will also have the option of participating in a free, confidential 1-1 money or debt management advice or mentoring session. Sim cards can be provided for participants that do not have access to the internet.

### **Register Now!**

Places are limited so register today. Review the programme of events and choose the topic area and location that suits you.

Follow the link for your preferred session/s to register. You can do this online at

<https://www.adviceni.net/money-debt/financial-and-debt-management-programme/information-sessions>

or by scanning the QR Code. You need to register separately for all sessions you wish to attend. Please check the website for new dates.



### **Contact:**

If you would like further information, are based in the ABC council area and would like an advice or mentoring session, or would like to host a session for a group, please email [comms@adviceni.net](mailto:comms@adviceni.net) or phone Advice NI on 02890 645919.

## Programme of Events:

Date	Time	Venue/Format (*See below for venue address)	Information Session	Registration Link
<b>Lurgan Area:</b>				
25 <sup>th</sup> July 2023	10.00am – 12.00 pm	Salvation Army Union St, Lurgan, Craigavon BT66 8ED	Borrowing, Credit Scores and Savings	<a href="https://www.eventbrite.co.uk/e/680173014797">https://www.eventbrite.co.uk/e/680173014797</a>
1 <sup>st</sup> August 2023	10.00am – 12.00 pm	Salvation Army Union St, Lurgan, Craigavon BT66 8ED	Dealing with Debt and Mental Well-Being	<a href="https://www.eventbrite.co.uk/e/680185171157">https://www.eventbrite.co.uk/e/680185171157</a>
3 <sup>rd</sup> October 2023	10.00am – 12.00pm	Salvation Army Union St, Lurgan, Craigavon BT66 8ED	Budgeting and Spending	<a href="https://www.eventbrite.co.uk/e/680713200507">https://www.eventbrite.co.uk/e/680713200507</a>
10 <sup>th</sup> October 2023	10.00am - 12.00pm	Salvation Army Union St, Lurgan, Craigavon BT66 8ED	Borrowing, Credit Scores and Savings	<a href="https://www.eventbrite.co.uk/e/680720973757">https://www.eventbrite.co.uk/e/680720973757</a>
17 <sup>th</sup> October 2023	10.00am – 12.00pm	Salvation Army Union St, Lurgan, Craigavon BT66 8ED	Dealing with Debt and Mental Well-Being	<a href="https://www.eventbrite.co.uk/e/680722347867">https://www.eventbrite.co.uk/e/680722347867</a>
<b>Online via Zoom (Please note: You will need access to the internet &amp; a suitable device to participate *)</b>				
Wednesd ay 16 <sup>th</sup> August 2023	10.30am -12.30pm		Budgeting and Spending	<a href="https://www.eventbrite.co.uk/e/680125221847">https://www.eventbrite.co.uk/e/680125221847</a>
Thursday 17 <sup>th</sup> August 2023	10.30am -12.30pm		Borrowing, Credit Scores and Savings	<a href="https://www.eventbrite.co.uk/e/680145291877">https://www.eventbrite.co.uk/e/680145291877</a>
Friday 18 <sup>th</sup> August 2023	10.30am -12.30pm		Dealing with Debt and Mental Well-Being	<a href="https://www.eventbrite.co.uk/e/680158651837">https://www.eventbrite.co.uk/e/680158651837</a>

### Contact:

Advice NI at **Email:** [comms@adviceni.net](mailto:comms@adviceni.net) or **Phone:** Advice NI on 02890 645919